

ECC OCCUPATIONAL HEALTH AND WELLNESS PROGRAM
Accomplishment Report for CY 2021

Activity	Date	Venue	Participants
Breakfast Corner	January - December 2021	ECC Central Office	Central Office employees
Provision of Face Mask	February 2021 May 2021 September 2021 December 2021	ECC Central Office	Central Office employees
Vitamins	February 2021 March 2021 December 2021	ECC Central Office	Central Office employees
Flu Vaccination by PharmaQuest	December 1, 2021	ECC Central Office	80 employees
RT-PCR Test	January 26, 2021	ECC Central Office	Central Office employees and Security Guards
Online Zumba and Aerobics	September 1-6, 2021	via Zoom	Central and Regional employees
Seminars:			
a. Struggle is Real by Mzone	September 20, 2021	via Zoom	Central and Regional employees
b. Tips for Plantitos and Plantitas by Atty. Glo De Castro	September 13, 2021	via Zoom	Central and Regional employees
c. Meat Processing by DOST	September 14, 2021	via Zoom	Central and Regional employees
Welfare Programs:			
a. Valentine's Day Celebration	February 10, 2021	via Zoom	Central and Regional employees
b. Lenten Recollection and Visita Iglesia	March 25, 2021	via Zoom	Central and Regional employees
c. ECC Family Day "Kumunity Fiesta"	Nov. 16-17, 2021	Central Office and via Zoom	Central and Regional employees
d. Culminating Activity "Christmas Around the World"	December 15-16, 2021	Central Office and via Zoom	Central and Regional employees

Activity	Date	Venue	Participants
Foot Disinfectant		for covid safety measures	Central Office employees
Thermal Scanner		for covid safety measures	Central Office employees
Air Purifier		for covid safety measures	Central Office employees
UV light for Disinfectant		for covid safety measures	Central Office employees
Provision of Shuttle Service		Routes: a. Cainta/Marikina/Guadalupe b. Quezon City c. Manila/Bulacan d. Cavite/Las Pinas/Lipa	Central Office employees

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